

NC Support Groups for Parents of Children with Special Needs

To add, modify or remove a support group from this list please contact
Wendy Ward at (800) 962-6817 ext. 35

Advance NC:

Davie County Autism Society Support Group

Meets the third Tuesday of each month at 6:30 pm at Hillsdale Baptist Church in Advance, NC. Childcare is provided. Contact Stephanie Ashby, Co-Leader at (336) 940-4146.

Asheboro, NC:

Randolph County Support Group for Families of Children with Autism

Meets the 3rd Thursday of each month from 6:30-8:00pm at the Early Childhood Development Center (ECDC) 1738 N. Fayetteville Street, Asheboro. Light refreshments served, child care available with RSVP. For more information please email ppeterson@arrow.com.

Asheville, NC:

Family Support Network of Western North Carolina

Serves families with children that have special needs by providing different types of support groups: Autism, Down Syndrome, Fetal Alcohol Spectrum, Home schooling Your Child with Special Needs, Special Healthcare Needs and a ADD/ADHD group. All groups meet monthly at the FSN office in the Mission Children's Center 6:00pm to 7:30pm. Childcare is available but you must register in advance. Contact Regina Fox (828) 213-9787 for more information or email her at regina.fox@msj.org

Asheville, NC:

Family Support Network of Western North Carolina

Latino Parent Group meets the 4th Thursday of every month at the West Asheville Community Center 5:30pm – 7:30pm. Childcare and food are provided but you must register in advance. Contact Alicia Martinez (828) 213-0047 for more information or email her at alicia.martinez@msj.org

Burlington, NC:

Circle of Parents of Children with Down Syndrome Support Group in Alamance County

Support group is for families of children with Down Syndrome. The meeting dates and times are to be determined and location is at the Alamance Partnership for Children. For more information contact Ashley Moore at (336) 513-0063 ext. 108.

Chapel Hill, NC:

Family Advocacy Network (FAN) "Meet the Experts" Support and Educational Series

Meets on the 3rd Saturday of each month, 9:30-11:30 at the Orange United Methodist Church, 1220 Martin Luther King Jr. Blvd. Chapel Hill, NC 27516. Support group meetings to be held one hour prior to educational clinics. Designed for parents of school age children who have emotional and behavioral challenges or other mental health issues. Refreshments available. Childcare provided with advance registration. For more information contact Julie Bailey at 919-942-8083 ext. 2 or email her at julie@mhaorange.org.

Conover NC:

Catawba County Parenting Network

Support group for TEENS with special needs called Teen Talk. Monthly meetings at Conover High School. Focus is on developing social skills, learning about community resources and activities and making new friends! Parent group meets at the same time and place to learn about resources related to teens transitioning to adulthood. For more information contact Libby Throckmorton at (828) 465-8151 or libbyt@catawbacountync.gov.

Charlotte NC:

Parent VOICE Adult and Youth Support Groups

Parent VOICE has an Adult and Youth Support group for families raising youth with emotional, behavioral and mental health concerns. They both meet on the 4th Tuesday of the month at Grace United Methodist Church 737 E. Woodlawn Rd. Charlotte, from 6-8pm. Call or email Nancy at 704-336-7128 parentvoice01@aol.com

NC Support Groups for Parents of Children with Special Needs

Charlotte, NC:

Greater Charlotte Metropolitan Area, Mom's Morning Out "Little Stars"

Empowering families with special children in the Charlotte and Lake Norman areas. Contact Sandra Ringelstein at (704) 877-3751 for more information about meeting locations and times. Children are welcome. Co-sponsored by Family Support Network of Mecklenburg County. www.fsnn.org

Concord, NC:

Cabarrus County Chapter of the Autism Society of NC

Group support meetings offered every second Thursday of the month at Epworth United Methodist Church in Concord from 6:30-8:00pm. Childcare provided on a limited pre-reserved basis. Please contact Maria Anthony at mariaanthony@asnccccc.org or visit www.asnccccc.org for more information.

Eden, NC:

Mom's Group

Support group for mothers of kids with special needs in the Rockingham County area. Meets first Thursday of each month at 7pm at First Presbyterian Church, 582 Southwood Drive in Eden. For more information contact Valarie Bellamy at (336) 627-3577.

Fallston, NC:

Cleveland County System of Care

Parent Support Groups for both parents and caregivers raising children living with special needs. These groups provide a safe, non-judgmental atmosphere where you can share your challenges, experiences and triumphs while building strong relationships with people with "understand your language". Please call (704) 481-8630 ext. 2 for more information. *****Other locations may be available - contact for details*****

Greensboro, NC:

Family Support Network Support Group for Fathers NOW FORMING!

For more information contact Brooke Juneau at (336) 334-5601 ext. 217 or Brooke.Juneau@ncmail.net.

Greensboro, NC:

Mom's Group

Support group for mothers of kids with special needs. Meets the 1st Thursday of every month in rotating locations. For more information contact Brooke Juneau at (336) 334-5601 ext. 217 or Brooke.Juneau@ncmail.net.

Greensboro, NC:

ADHD Support Group

Meets every other month on the 4th Tuesday at the Trinity Church, 5200 W. Friendly Avenue in Greensboro. For more information contact Brooke Juneau at (336) 334-5601 ext. 217 or Brooke.Juneau@ncmail.net.

Greensboro, NC:

Autism Society Chapter Meeting

Meets the 2nd Friday of every month at 6:30pm the Brooks Global Studies Elementary School in Greensboro. Respite care is available with RSVP. For more information contact Monique Justice at (336) 580-6548 or visit their website at <http://www.asnccg.org/>.

Greensboro, NC:

Triad Area Hitch-Up Support Group (For Families of Children with Hearing Loss)

The Triad Area Hitch-Up is a support group for parents/guardians of children with hearing impairments. Meetings are held on the last Tuesday of each month from 6:30-8:30pm at Greensboro AHEC at Moses Cone Hospital rooms 31 and 33. Child care is provided. For more information see their website: www.triadhitchup.com or call Pamela Bensimhon at (336) 638-6111 or email her at info@triadhitchup.com

NC Support Groups for Parents of Children with Special Needs

Greensboro/High Point, NC:

Club Social Group-Guilford County

For youth ages 9-14 with social learning disabilities (such as Asperger's, ADHD, NLD and High Functioning Autism). For more information about the monthly activities contact Deanne O'Connor at (336) 510-4628 or Karen Boggis at Kcboggis@aol.com.

Hendersonville, NC:

Family Support Network of Western North Carolina

Latino Parent Group meets 1st Wednesday of every month at the WCCA Head Start Classroom #20 5:30pm-7:30pm. Childcare and food are provided but you must register in advance. Contact Alicia Martinez (828) 213-0047 for more information or email her at alicia.martinez@msj.org

Hickory NC:

Sensory Integration Support Group

Support group meets last Tuesday of each month from 6:30-8:30 at Children's Neurotherapy Services. To register call Angie Stone at (828) 267-1688. Child care available with advance registration.

Hickory NC:

Catawba County Special Families

Family Support Group - FAMILY SUPPORT NETWORK/HOPE - meets the 4th Thursday of the month at Corinth Reformed Church in Hickory from 6:30 until 8:30. Childcare, dinner, and materials available to those that pre-register. Contact: Melanie Long 828-326-5953 or fsn@charter.net

King NC:

Circle of Parents Support Group Stokes County Family Support Network

Support group meets 1st and 2nd Monday of each month from 6-7:30pm. Child care available with registration. For location and more information contact Donna Wishon at (336) 985-2676 ext. 167.

Lenoir NC:

Caldwell Special Families Parent Group

Meets the second Thursday monthly at FAMILY RESOURCE CENTER in Lenoir from 6:30 until 8:00pm. Childcare, refreshments, and materials available to those that pre-register. Contact: Melanie Long 828-326-5953 or fsn@charter.net.

Mooresville NC:

Connections

Support Group for families of exceptional teens/young adults connecting with each other and community resources to enhance life transitions. Meets the third or fourth Monday of each month from 7 pm - 9 pm. For more information contact Barbara Greiss at (704) 660-0860 or CONNECTIONS@roadrunner.com.

Morganton NC:

Burke County Special Families

Family Support Group - FAMILY SUPPORT NETWORK/HOPE - meets bi-monthly at CHILDCARE CONNECTIONS in Morganton from 6:30 until 8:30. Childcare, dinner, and materials available to those that pre-register. Funded through Burke County Smart Start Contact: Melanie Long 828-326-5953 or fsn@charter.net.

Morganton NC:

Down Syndrome Parent Group

Family Support Group - FAMILY SUPPORT NETWORK/HOPE - meets quarterly at CHILDCARE CONNECTIONS in Morganton from 6:30 and 8:30. Childcare, dinner, and materials available to those that pre-register. Funded through Burke County Smart Start - Contact: Melanie long 828-326-5953 or fsn@charter.net

Nags Head NC:

The Outer Banks Chapter of the NC Autism Society

Support group meets the first Thursday of every month from 6:30-8:00pm at Mighty Wind United Methodist Church, MP 11. Contact Eileen Lowery at etlowery@hotmail.com or (252) 441-9022 for more information.

NC Support Groups for Parents of Children with Special Needs

New Bern, NC:

FSN of the Crystal Coast Presents: Sibshops

Sibshops are meetings for the brothers and sisters (siblings) of children with special needs which provide peer support. Meetings are from 10-2 on Saturdays at the Craven Smart Start 1917 Trent Blvd. in New Bern. There is no fee and lunch is provided with registration. For more information contact Teresa LeRiche at (252) 675-2751.

Raleigh, NC:

Triangle Area Hitch-Up "Hearing Impaired Toddlers & Children Have Unlimited Potential"

The Triangle Area Hitch-Up is a support group for parents/guardians of children with hearing impairments. Meetings are held on the first Tuesday of each month at the Providence Baptist Church 6339 Glenwood Avenue, Raleigh NC in room 212 & 215. Child care is available at no charge. For more information contact Alisa Oliver at (919) 271-9142 or alisaoliver@gmail.com

Shelby, NC:

Cleveland County System of Care

Parent Support Groups for both parents and caregivers raising children living with special needs. This groups provide a safe, non-judgmental atmosphere where you can share your challenges, experiences and triumphs while building strong relationships with people with "understand your language". Please call (704) 481-8630 ext. 2 for more information. *****Other locations may be available - contact for details*****

Sparta, NC:

Parent to Parent Family Support Network of the High Country in Alleghany County

First and Third Thursday of every month at the Family Resource Center in Sparta. Dinner and child care provided with reservation. For more information call (336) 372-6583.

West Jefferson, NC:

Parent to Parent Family Support Network of the High Country in Ashe County

Last Tuesday of every month at Midway Baptist Church 6:30pm. Dinner provided with registration. For more information call (336) 246-3222.

Wilkesboro, NC:

Parent to Parent Family Support Network of the High Country in Wilkes County

Last Thursday of every month at "Our House" in Wilkesboro at 6:00p.m. For more information call (336) 246-3222.

Wilmington NC:

Sensory Integration Support Group

Support group meets the first Tuesday of every month from 7:00-8:00pm at Coastal Rehabilitation Hospital. To register or receive additional information, contact Kacey Trout at kt trout@nhhn.org.

Wilson NC:

Family Support Network of ENC Parent Resource and Support Group in Wilson County

Serves families with children that have special health care needs. Meets the 1st Thursday of every month at Wilson Medical Center 7:00-8:30pm. Contact Mary Brown at (252) 290-0862 for more information.

