

NC Support Groups for Parents of Children with Special Needs

Advance NC:

Davie County Autism Society Support Group

Meets the third Tuesday of each month at 6:30 pm at Hillsdale Baptist Church in Advance, NC. Childcare is provided. Contact Stephanie Ashby, Co-Leader at (336) 940-4146.

Apex, NC

Triangle Support Group for Parents and Caregivers

Triangle Support Group for Parents and Caregivers of those with Fetal Alcohol Exposure meets the First Tuesday of each month. Contact Kathy Hotelling at 919-265-3390 or kathyhotelling@embarqmail.com for more information.

Asheboro, NC:

Randolph County Support Group for Families of Children with Autism

Meets the 3rd Thursday of each month from 6:30-8:00pm at the Early Childhood Development Center (ECDC) 1738 N. Fayetteville Street, Asheboro. Light refreshments served, child care available with RSVP. For more information please email the4petersons@embarqmail.com.

Asheville, NC:

Family Support Network of Western North Carolina

Serves families with children that have special needs by providing different types of support groups: Autism, Down Syndrome, Fetal Alcohol Spectrum, Home schooling Your Child with Special Needs, Special Healthcare Needs and a ADD/ADHD group. All groups meet monthly at the FSN office in the Mission Children's Center 6:00pm to 7:30pm. Childcare is available but you must register in advance. Contact Regina Fox (828) 213-9787 for more information or email her at regina.fox@msj.org.

Bayboro, NC:

Pamlico County Parent Support group meets the 2nd Thursday night of each month from 6:00 to 7:30 at Pamlico Pediatrics in Bayboro. Call 252-675-2751 for more information.

Chapel Hill, NC:

Family Advocacy Network (FAN)

A program of the Mental Health Association in Orange County, provides educational clinics and support group meetings for parents of special needs children on the 2nd Saturday of each month. * Educational training are 10:00am. To 12:00 noon while support group time is 8:30 to 9:45am., Chapel Hill, with trainings in Fellowship Hall and support group meeting in the church Parlor. For updates, visit <http://www.fan-mhaorangeco.org/newsandevents.html> or contact Julie Bailey, Family Advocate, at Julie@mhaorangeco.org, or call 919-942-8083, ext. 2. Also NOTE: FAN additionally offers a 4-week parent support/education series three times per year entitled, for 2010: "Parenting Wisely," an interactive computer software program for small group or individuals needing assistance with basic parenting skills. For details, contact Linda Boldin, Family Advocate, at Linda@mhaorangeco.org, or 919-942-8083.

Charlotte NC:

Parent VOICE Adult and Youth Support Groups

Parent VOICE has an Adult and Youth Support group for families raising youth with emotional, behavioral and mental health concerns. They both meet on the 4th Tuesday of the month at Grace United Methodist Church 737 E. Woodlawn Rd. Charlotte, from 6-8pm. Call or email Nancy at 704-523-0012 parentvoice01@aol.com.

Greater Charlotte Metropolitan Area, Mom's Morning Out "Little Stars"

Empowering families with special children in the Charlotte and Lake Norman areas. Contact Sandra Ringelstein at (704) 877-3751 for more information about meeting locations and times. Children are welcome. Co-sponsored by Family Support Network of Mecklenburg County. Contact Sandra at lnlittlestars@yahoo.com or visit www.fsnc.org.

Parents of Bipolar Support Group

This is a support group for parents of children with Bipolar disorder. For more information Contact Kristin McClure 704-523-0012.

NC Support Groups for Parents of Children with Special Needs

Clayton, NC:

Johnson County - Family Support Group Meeting

Family Support Group Meeting for parents raising children with special needs. Meets the last Tuesday of each month from 6-8pm at Partnership for Children Resource Center, 918 Highway 42 West, Clayton NC. For more information please contact Becky Justice at (919) 610-9343 or JohnstonFSN@gmail.com. Sponsored by the Family Support Network of Eastern North Carolina.

Concord, NC:

Cabarrus County Chapter of the Autism Society of NC

Group support meetings offered every second Thursday of the month at Epworth United Methodist Church in Concord from 6:30-8:00pm. Childcare provided on a limited pre-reserved basis. Please contact Maria Anthony at mariaanthony@asnc-ccc.org or visit www.asnc-ccc.org for more information.

Eden, NC:

Mom's Group

Support group for mothers of kids with special needs in the Rockingham County area. Meets first Thursday of each month at 7pm at First Presbyterian Church, 582 Southwood Drive in Eden. For more information contact Valarie Bellamy at (336) 627-3577.

Fallston, NC:

Cleveland County System of Care

Parent Support Groups for both parents and caregivers raising children living with special needs. These groups provide a safe, non-judgmental atmosphere where you can share your challenges, experiences and triumphs while building strong relationships with people with "understand your language". Please call (704) 481-8630 ext. 2 for more information. ****Other locations may be available - contact for details****

Greensboro, NC:

Dad's Group

Informal support for fathers of children with special needs. Meets the 3rd Monday of each month; please contact them for locations and additional details. For more information contact Monica McGuire at 336-334-5601 ext. 217 or monica@fsncc.org. Sponsored by the Family Support Network of Central Carolina.

Greensboro, NC:

Mom's Group

Support group for mothers of kids with special needs. Meets the 1st Thursday of every month in rotating locations. For more information contact Monica McGuire at (336) 334-5601 ext. 217 or monica@fsncc.org. Sponsored by the Family Support Network of Central Carolina.

ADHD Support Group

Meets every other month on the 4th Tuesday at the Trinity Church, 5200 W. Friendly Avenue in Greensboro. For more information contact Monica McGuire at (336) 334-5601 ext.217 or monica@fsncc.org. Co-sponsored by the Family Support Network of Central Carolina, Moses Cone Behavioral Health Services and the AD/HD Clinic at UNCG.

Autism Society Chapter Meeting

Meets the 2nd Friday of every month at 6:30pm the Brooks Global Studies Elementary School in Greensboro. Respite care is available with RSVP. For more information contact Chris Hocker at asnccg@gmail.com or visit their website at <http://www.asnccg.org/>

Triad Area Hitch-Up Support Group (For Families of Children with Hearing Loss)

The Triad Area Hitch-Up is a support group for parents/guardians of children with hearing impairments. Meetings are held on the last Tuesday of each month from 6:30-8:30pm at Greensboro AHEC at Moses Cone Hospital rooms 31 and 33. Child care is provided. For more information see their website: www.triadhitchup.com or call Pamela Bensimhon at (336) 638-6111 or email her at info@triadhitchup.com.

Greensboro/High Point, NC:

Club Social Group-Guilford County

For girls ages 9-15 with social learning disabilities (such as Asperger's, ADHD, NLD and High Functioning Autism). For more information about the monthly activities contact Karen Boggis at Kcboggis@aol.com.

NC Support Groups for Parents of Children With Special Needs

Support Group for Parents of Children with Sensory Processing Disorder

Meets every other month on the third Tuesday. Features knowledgeable professionals offering information on topics related to SPD. For more information contact Monica McGuire at 336-5601 ext. 217 or monica@fsncc.org
Sponsored by the Family Support network of Central Carolina.

Sibshops &GALS (Gilsr Appreciating Loved Siblings)

Two support programs for brothers and sisters of children with special needs. Sibshops serves boys and girls in grades 2-6; GALS is just for sisters in grades 6 and up. \$10.00 per session includes dinner, snacks, arts & crafts, and other special activities; scholarships available for qualifying families. Meets monthly in Greensboro from September—March. For more information, contact the Family Support Network of Central Carolina at 336-832-6507 or support@fsncc.org.

Hendersonville, NC:

Family Support Network of Western North Carolina

Latino Parent Group meets 1st Wednesday of every month at the WCCA Head Start Classroom #20 5:30pm-7:30pm. Childcare and food are provided but you must register in advance. For more information contact Roxann Colwell at roxann.colwell@msj.org or 828-213-0044.

Henderson Co. Parent Group

First Wednesday, Monthly 5:30 to 7:00pm
Mud Creek Baptist Church at the Clear Word Counseling Center
To attend a parent group and/or reserve a space for childcare, please contact Regina Fox 213-9787 to RSVP.

Sensory Integration Support Group

Support group meets last Tuesday of each month from 6:30-8:30 at Children's Neurotherapy Services. To register call Angie Stone at (828) 267-1688. Child care available with advance registration.

Hickory, NC:

Catawba County Special Families

Family Support Group - FAMILY SUPPORT NETWORK/HOPE - meets the 4th Thursday of the month at Corinth Reformed Church in Hickory from 6:30 until 8:30. Childcare, dinner, and materials available to those that pre-register. Contact: Melanie Long 828-326-5953 or fsn@charter.net

King NC:

Circle of Parents Support Group Stokes County Family Support Network

Support group meets 1st and 2nd Monday of each month from 6-7:30pm. Child care available with registration. For location and more information contact Donna Wishon at (336) 985-2676 ext. 167.

Kinston, NC

Lenoir/Jones Parent Support Group

Support group meets at Lenoir community college in Kinston, NC the third Tuesday of each month from 6:30-8:00 call 252-675-2751 for more details.

Lenoir NC:

Caldwell Special Families Parent Group

Meets the second Thursday monthly at FAMILY RESOURCE CENTER in Lenoir from 6:30 until 8:00pm. Childcare, refreshments, and materials available to those that pre-register. Contact: Melanie Long 828-326-5953 or fsn@charter.net.

Marshall, NC:

Madison Co. Parent Group

Second Thursday, Monthly 5:30 to 7:00 pm
Mashburn Medical Center off Hwy. 213
To attend a parent group and/or reserve a space for childcare, please contact Regina Fox 213-9787 to RSVP.

Moorehead City, NC

Autism Society of NC-Crystal Coast Chapter/Carteret Parent Support Group

Support Group meets at the Webb Memorial Library in Moorhead City, NC the second Tuesday of each month from 6:30-8:00pm, call 252-675-2751 for more details.

NC Support Groups for Parents of Children with Special Needs

Carteret County Parent Support group and The Crystal Coast Chapter of the Autism Society of NC meet on the 2nd Tuesday of each month from 6:30 to 8:00 at the Webb Library in Morehead City. Call 252-675-2751 for more information.

Mooreville NC:

Connections

Support Group for families of exceptional teens/young adults connecting with each other and community resources to enhance life transitions. Meets the third or fourth Monday of each month from 7 pm - 9 pm. For more information contact Barbara Greiss at (704) 660-0860 or CONNECTIONS@roadrunner.com.

Morganton NC:

Burke County Special Families

Family Support Group - FAMILY SUPPORT NETWORK/HOPE - meets bi-monthly at CHILDCARE CONNECTIONS in Morganton from 6:30 until 8:30. Childcare, dinner, and materials available to those that pre-register. Funded through Burke County Smart Start Contact: Melanie Long 828-326-5953 or fsn@charter.net.

Down Syndrome Parent Group

Family Support Group - FAMILY SUPPORT NETWORK/HOPE - meets quarterly at CHILDCARE CONNECTIONS in Morganton from 6:30 and 8:30. Childcare, dinner, and materials available to those that pre-register. Funded through Burke County Smart Start - Contact: Melanie long 828-326-5953 or fsn@charter.net

Nags Head NC:

The Outer Banks Chapter of the NC Autism Society

Support group meets the first Thursday of every month from 6:30-8:00pm at Mighty Wind United Methodist Church, MP 11. Contact Eileen Lowery at etlowery@hotmail.com or (252) 441-9022 for more information.

New Bern, NC:

FSN of the Crystal Coast Presents: Sibshops

Sibshops are meetings for the brothers and sisters (siblings) of children with special needs which provide peer support. Meetings are from 6:00-9:30pm on Fridays at the Craven Smart Start 1917 Trent Blvd. in New Bern. There is no fee and lunch is provided with registration. For more information contact Teresa LeRiche fsn_crystalcoast@yahoo.com or (252) 675-2751.

Craven Parent Support Group

The support group meets at Craven Smart Start in New Bern, NC the third Thursday of each month from 6:30-8:00pm, call 252-675-2751 for more details.

Raleigh, NC:

Triangle Area Hitch-Up "Hearing Impaired Toddlers & Children Have Unlimited Potential"

The Triangle Area Hitch-Up is a support group for parents/guardians of children with hearing impairments. Meetings are held on the first Tuesday of each month at the Providence Baptist Church 6339 Glenwood Avenue, Raleigh NC in room 212 & 215. Child care is available at no charge. For more information email triangleareahitchup@yahoogleroups.com.

Shelby, NC:

Cleveland County System of Care

Parent Support Groups for both parents and caregivers raising children living with special needs. This groups provide a safe, non-judgmental atmosphere where you can share your challenges, experiences and triumphs while building strong relationships with people with "understand your language". Please call (704) 481-8630 ext. 2 for more information. ****Other locations may be available - contact for details.****

NC Support Groups for Parents of Children with Special Needs

Wilkes, NC:

Wilkes County Support Group for families of children with special needs meets at 6pm on the last Thursday of the month at "Our House" 203 East Main St, Wilkesboro, NC. "Our House" ph.336-667-5555 Norma Bouchard ph. 336-246-3222.

West Jefferson, NC:

Parent to Parent Family Support Network of the High Country in Ashe County

Last Tuesday of every month at Midway Baptist Church 6:00pm. Dinner provided with registration. For more information contact bouchardnj@appstate.edu (336) 246-3222.

Wilkesboro, NC:

Parent to Parent Family Support Network of the High Country in Wilkes County

Last Thursday of every month at "Our House" in Wilkesboro at 6:00pm. For more information contact bouchardnj@appstate.edu (336) 246-3222.

Wilmington NC:

Sensory Integration Support Group

Support group meets the first Tuesday of every month from 7:00-8:00pm at Coastal Rehabilitation Hospital. To register or receive additional information, contact Kacey Trout at kt trout@nhhn.org.

Wilson NC:

Family Support Network of ENC Parent Resource and Support Group in Wilson County

Serves families with children that have special health care needs. Meets the 1st Thursday of every month at Wilson Medical Center 7:00-8:30pm. Contact Mary Brown at (252) 290-0862 for more information.

To add, modify or remove a support group from this list please contact Wendy Ward at (800) 962-6817 ext. 35