

## Available Fact Sheets

-Continued-

- 23. Medical Necessity
- 24. Record Keeping
- 25. Choosing a Service Provider
- 26. Medical Home
- 27. Telling Your Story

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**Please give us a call at  
(800) 962-6817 to order any of  
the packets from our available  
workshops or to order the fact  
sheets listed.**

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The NC Family to Family Health Information Center is a project of the Exceptional Children's Assistance Center. Home of NC Family Voices. Funded, in part, by the U.S. Health Resources and Services Administration (HRSA)

## Locations:

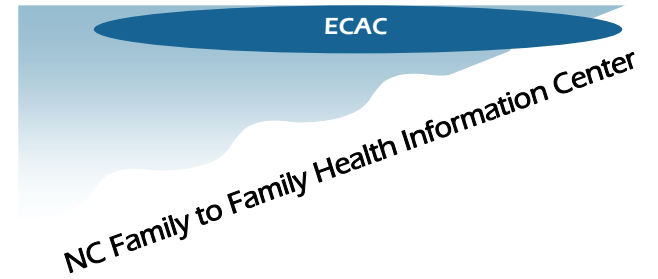
907 Barra Row, Suites 102/103  
Davidson, NC 28036  
(704) 892-1321 ext. 35  
(800) 962-6817 ext. 35  
Wendy Ward  
Health Projects Coordinator

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50 South French Broad Avenue  
Suite 212  
Asheville, NC 28801  
(828) 255-1972  
(866) 545-5299  
Kerri Eaker, Parent Educator

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3803 Computer Drive Building B  
Suite 205  
Raleigh, NC 27609  
(919) 571-8092 ext. 17  
(866) 740-4135 ext. 17  
Shanna Capps, Parent Educator



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## Resource Materials

**2008**



**(800) 962-6817 ext. 35**  
[www.ecac-parentcenter.org](http://www.ecac-parentcenter.org)

# Available Workshops/ Presentations

- **NC Family to Family Health Information Center Presentation (30 min-1 hour)**

Learn how the Health Information Center can help your family or the families that you serve!

- **Private Health Insurance Workshop (30 min)**

Learn the insurance language so that you may better advocate for your child. Know when and how to appeal an insurance denial.

- **Prescription Assistance Programs Workshop (30 min)**

Learn how and where to ask for help with the cost of prescription medication. Helpful medication chart included!

- **Medical Home Parent Training Curriculum Workshop (1 hour 30 min)**  
*se ofrece en español*

Gain an understanding of the qualities and benefits of having a Medical Home. Learn strategies to promote discussions with your child's provider about your needs as a parent for a Medical Home.

- **Navigating & Negotiating The Mental Health System Workshop (3 hours)**

Gain knowledge of how to access mental health services for your child & family. Be empowered to choose a provider offering quality care for your child & family.

- **Health Consumer Rights and Related Laws Workshop (1 hour)**

An overview of federal laws that directly affect families with children with special health care needs. Know your rights!

- **Public Health Programs 1 (Medicaid, CAP, EPSDT, SSI, Medicare) Workshop (1 hour)**

Learn how these programs can benefit your child and family. Know where and how to apply and determine if a program may be right for your child.

- **Public Health Programs 2 (Title V, NC Health Choice, Public Health Programs, CSHS, Low Cost/Free Clinics) Workshop (1 hour)**

Learn how these programs can benefit your child and family. Know where and how to apply and determine if a program may be right for your child.

- **Transition from Pediatric to Adult Health Care Workshop (1 hour 30 min)**

Learn techniques to support your child through the transition process. Obtain advocacy skills to pass onto your child to increase self-management of health care.

- **How to be an Effective Health Care Advocate Workshop (2 hours)**

Learn what these steps are and how to become your child's best health care advocate with detailed instructions in an interactive workshop designed to empower parents!

- **Navigating & Negotiating the Developmental Disabilities System Workshop (3 hours)**

Gain knowledge of how to access developmental disability services for your child and family. Be empowered to choose a provider offering quality care for your child and family.

## Available Fact Sheets

1. Health Insurance Portability and Accountability Act (HIPAA)
2. Employee Retirement Income Security Act (ERISA)
3. Consolidated Omnibus Budget Reconciliation Act (COBRA)
- 3a. Emergency Medical Treatment and Active Labor Act. (EMTALA)
4. Family and Medical Leave Act (FMLA)
5. Mental Health Parity Act (MHPA)
6. Private Health Insurance
7. Denials, Appeals and Complaints
8. Medicaid
9. Community Alternatives Programs (CAP)
10. Early Periodic Screening Diagnosis and Treatment (EPSDT) or Health Check
11. Supplemental Security Income (SSI)
12. Medicare
13. Title V
14. Health Choice
15. NC Public Health Information
16. Children's Special Health Services
17. Low Cost/Free Clinics
18. Prescription Assistance Programs
19. How to Access Mental Health/Developmental Disability Services
20. Mental Health
21. Developmental Disabilities
22. Person-Centered Planning

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