



North Carolina Parent Information and Resource Center (NCPIRC)

Parent Partners E-PIC

February 2008

This month we would like to share with you information and resources we have available on discipline and behavior. We offer workshops that last approximately one hour and can be scheduled by calling 1-800-962-6817 and asking for Rita at extension 39. Booklets, handouts, and other materials are offered **free** for your use with families at open houses, workshops or for your parent resource centers. It is quite easy to order materials, just call 1-800-962-6817 and ask for Cindy at extension 21 or email us at parentpartners@ecacmail.org

Resources from NCPIRC:

- Coping with Common Behavior Problems- workshop lasting approximately 1 hour. This workshop explores the meaning of discipline, the importance of establishing family guidelines and rules, and the value of routine in children's lives (also available in Spanish).
- Positive Behavior Support Information Packet- includes information for parents of children in regular education and children with disabilities.
- Lending Library List- books on discipline which parents can easily check out and mail back in free postage paid envelopes (see attachment).
- Juvenile Justice Information Packet- information for youth and parents
- Youth Rights and Responsibilities- A Handbook for North Carolina's Youth
- Workshop in a Box- includes handouts transparencies, facilitator's information, presentation techniques-everything needed for *you* to put on the perfect workshop.
- Parents' Guide to Gangs- booklet from the Juvenile Justice and Delinquency Prevention, U.S. Department of Justice.
- Tips For Parents on Keeping Children Drug Free- U.S. Dept. of Education.
- Balancing Student Privacy and School Safety: A Guide to the Family Educational Rights and Privacy Act for Elementary and Secondary Schools- brochure from the U.S. Dept. of Education.
- Helping Your Child Become a Responsible Citizen- booklet from the U.S. Dept. of Education.

We hope to hear from you soon!

A project of the Exceptional Children's Assistance Center

Suggestions from our Parent Partners Lending Library on books about Discipline

- 401P A VERY PRACTICAL GUIDE TO DISCIPLINE WITH YOUNG CHILDREN
by Grace Mitchell
- 402P TAKING A LOOK AT DISCIPLINE (Book & Cassette)
Living and Learning with Children
by Charlotte Glasmire Garman, Ed.D
- 403P THE GOOD KID BOOK
How to Solve the 16 Most Common Problem Behavior Problems
by Howard N. Sloane
- 404P DISCIPLINE THAT WORKS
Promoting Self-Discipline in Children
by Dr. Thomas Gordon
- 405P THE NEW APPROACH TO DISCIPLINE
Logical Consequences- A Practical Guide to Instilling Good Behavior in Your
Child- from Toddler to Adolescent
by Rudolf Dreikurs, MD
- 406P IMPROVING YOUR CHILD'S BEHAVIOR
by Madeline C. Hunter and Paul V. Carlson
- 407P LOVING YOUR CHILD IS NOT ENOUGH
Positive Discipline that Works
by Nancy Samalin
- 408P KIDS ARE WORTH IT !
Giving Your Child the Gift of Inner Discipline
by Barbara Coloroso
- 409P DISCIPLINE WITHOUT SHOUTING OR SPANKING
A Practical Solution to the Most Common Preschool Behavior Problems
by Jerry Wyckoff, Ph.D & Barbara C. Unell
- 410P ASSERTIVE DISCIPLINE FOR PARENTS
A Proven, Step-by-Step Approach to Solving Everyday Behavior Problems
by Lee & Canter
- 411P "THE ANSWER IS NO"
Saying it and Sticking to it
by Cynthia Whitham, MSW

- 412P WIN THE WHINING WAR & OTHER SKIRMISHES
A Family Peace Plan
by Cynthia Whitham, MSW
- 413P POSITIVE DISCIPLINE A-Z
1001 Solutions to Everyday Parenting Problems
by Jane Nelsen, Lynn Lott, and H. Stephen Glenn
- 414P WHEN YOUR CHILD IS DIFFICULT
Solve Your Toughest Child-Raising Problems with a Four-Step Plan that Works
by Mel Silberman, Ph.D
- 416P GO TO YOUR ROOM !
Consequences That Teach. A Common-sense Guide to Improving your Child's
Everyday Behavior
by Shari Steelstein, Ph.D.
- 417P HOW TO BEHAVE SO YOUR CHILDREN WILL, TOO !
by Sal Severe, Ph. D.
- 418P PARENTS TEENS AND BOUNDARIES
How to Draw the Line
by Jane Bluestein, Ph.D.
- 419P PARENT IN CONTROL
Restore Order in Your Home and Create a Loving Relationship with Your
Adolescent
by Gregory Bodenhamer
- 420P HOW TO HANDLE A HARD-TO-HANDLE KID
A Parents' Guide to Understanding and Changing Problem Behaviors
by C. Drew Edwards, Ph.D
- 421P KIDS ARE WORTH IT !
Giving Your child the Gift of Inner Discipline
by Barbara Coloroso
- Video FRONTLINE: INSIDE THE TEENAGE BRAIN
Why adolescents behave the way they do and how the new discoveries can
change the way we teach, or perhaps even understand, our teenagers.

It is quite easy to borrow books from our lending library. Just call Parent Partners (NCPIRC) at the ECAC office at 704-892-1321 or 1-800-962-6817 to request the book you wish to borrow or to receive a complete lending library list. Books will be mailed to you along with a postage paid, pre-addressed envelope in which the book is to be returned.