



NC Family to Family Health Information Center

"A beacon for families of children with special health care needs."

NC Family to Family Health Information Center
ECAC
907 Barra Row, Suites 102/103
Davidson, NC 28036
Phone: (704) 892-1321
Fax: (704) 892-5028
Parent Information Line: 1-800-962-6817
hic@ecacmail.org
www.ecac-parentcenter.org

Fact Sheet

21

Developmental Disability

Developmental disability is a term used to describe a life-long condition that will affect mental and/or physical abilities. A development disability is one that occurs before the age of twenty-two (or while still considered a child). People with developmental disabilities have problems with major life activities such as language, mobility, learning, self-help, and independent living. These daily tasks come from categories determined by the state. A person with a developmental disability has difficulty with three or more of these categories:

- Capacity for independent living
- Learning
- Mobility
- Understanding and uses of language
- Self-care
- Self-direction

Some developmental disabilities include Mental Retardation, Cerebral Palsy, Autism Spectrum Disorder, various Genetic and Chromosomal Disorders such as Down syndrome and Fragile X syndrome, and Fetal Alcohol Spectrum Disorder.

It is important to make sure that each child has the support they need to reach their full potential. To find out what services or supports may be available for your child, contact your Local Management Entity (LME): <http://www.ncdhhs.gov/mhddsas/lmedirectory.htm#lmelist>



For more Information:

- Request a copy of the **Navigating and Negotiating Developmental Disabilities Services** packet from the NC Family to Family Health Information Center at (800) 962-6817 ext. 35
- Visit the North Carolina Division of Mental Health, Developmental Disabilities and Substance Abuse Services <http://www.dhhs.state.nc.us/mhddsas/>



The Family to Family Health Information Center is a program of The Exceptional Children's Assistance Center (ECAC) and is affiliated with Family Voices of North Carolina. This fact sheet was developed with funding from the U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau, Division of Services for Children with Special Health Needs. The NC Family to Family Health Information Center operates under the auspices of grant # H84MC08000.

FAMILY VOICES®

10/15/2008